

FACS SUMMER CONFERENCE KEYNOTE ADDRESSES

Tom Jackson, Wednesday, June 15, 2011

Moving From Preaching to Teaching

An expert in the area of active learning he has written five books, Activities That Teach, More Activities That Teach, Activities That Teach Family Values, Still More Activities That Teach and Conducting Group Discussions With Kids which contain over 250 user-friendly activities that can be used in classrooms and other venues. For twelve years Tom was a high school teacher in Southern California and for thirteen years served as a substance abuse prevention specialist in Southern Utah. He is currently the Director of the Active Learning Center and Foundation. He was named 1996 Utah Chemical Health Educator of the Year and received an Outstanding Service to Education Award from the Utah State Board of Education. Tom has served as a member of the K-12 Alcohol, Tobacco and Other Drugs Curriculum Steering Committee for the Utah State Office of Education and sat on the Governor of Utah's Substance Abuse and Anti-Violence Coordinating Council. Tom and his wife, Janet, have served as the directors of the youth program for grades seven through twelve at their church for eleven years.

Dan Clark, Thursday, June 16, 2011

Teaching is the Profession That Makes All Other Professionals Possible

A CEO of a multi-million dollar High Performance Consulting Firm, an Internationally Recognized Speaker, New York Times Best Selling Author, University Professor, Songwriter/Recording Artist, and Award Winning Athlete who fought his way back from a paralyzing injury that cut short his football career!

In 1999, Achievers North America and Achievers Europe named Dan one of the Top Ten Speakers In The World. And in 2005, Dan was inducted into the National Speakers Hall Of Fame!

As a businessman, Dan started and sold two companies, and is the author of twenty books on leadership, management, and personal development, has worked with half of the Fortune 500 Companies, NASA, and Super Bowl Champions, and has conducted United Nations leadership training in Europe, Asia and the former Soviet Union.

Dan is also a primary contributing author to the Chicken Soup for the Soul series, and author of "Puppies For Sale" which was made into a film at Paramount Studios starring Jack Lemmon. As a master storyteller Dan has been published in 30 million books in 30 languages worldwide; has spoken to over 4,500 audiences, to more than 4 million people, in all 50 states and 40 countries; has appeared on 500 television and radio shows including Oprah and Glenn Beck.

TOURS

Culinary Mass Production Service Center Tour – Wednesday, June 15 from 9:35 – 11:30

***Note – This tour is limited to Utah teachers currently teaching foods classes.**

This tour will take you on a tour of the new state of the art mass food production plant on Brigham Young University campus. Meet at the tour sign near the entrance to the Garden Court in the WSC.

Class Limited to 20 – preregistration required

Wilkinson Center Culinary Kitchens Tour – Thursday, June 16 from 1:30 – 2:30

This tour will take you to the kitchens in the WSC. See how and where it is possible to serve all those students every day. Meet at the tour sign near the entrance to the Garden Court in the WSC.

Class Limited to 20 – preregistration required

Back Stage Tour of BYU Costume Design Program for Theatre, Film and Television – Thursday, June 16 (Three tours) from 10:15-11:00, 11:15-12:00, and 2:30 -3:15

You will be given a backstage view of the costume design program. We will visit the costume shop, design room, stages and also visit the costume storage to get a sense of the scale of production for theatre, film and television. Meet at the Harris Fine Art Center Box Office to start your tour.

Class Limited to 20 – preregistration required

CLOTHING/FASHION

1 Yard Sewing Projects

Come and make a project out of 1 yard of fabric plus a few sewing notions. There will be a variety of projects to choose from including great ideas for both boys and girls. All supplies for project included in fee, but please **bring scissors, pins and a seam ripper.**

Rachel Gonzalez and Pam Rock, both from Lakeridge Jr. High. Rachel has taught Sewing for 18 years and Pam has taught for 20 years. **This class has a fee of \$5.00**

Advanced Clothing Class - \$\$Alteration Shop\$\$

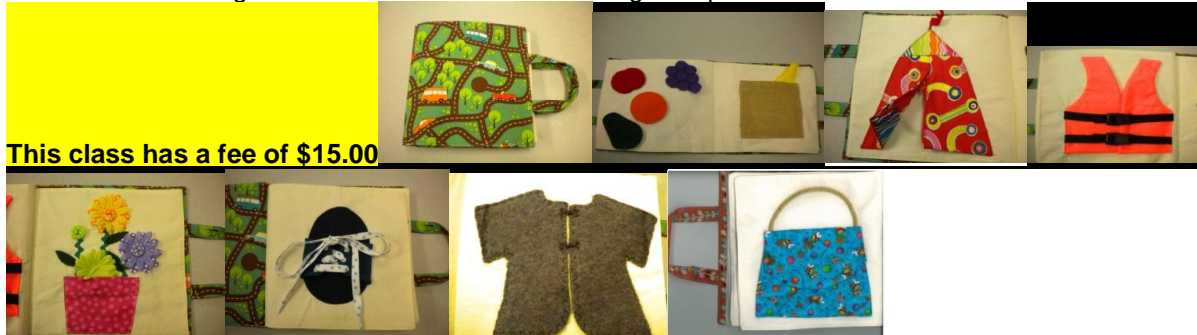
Remember all of those times when people come to you with "Could you sew this for me?" and you did it "just for fun?" By creating an alteration shop in your advanced clothing class, you can be paid for those sewing favors and your students will reap the rewards of free enterprise in the classroom!

Louis Nielsen, FACS Teacher, West Jordan HS, 15 years, owned and operated "Nielsen's Notions," her own custom sewing, preservation, and alteration shop.

Blue Ribbon Sewing Techniques - Quiet Book

Create a Child Care Quiet Book using "Blue Ribbon Sewing Techniques". Focus will be on practicing basic sewing skills to achieve a quality standard. Participants will create a page to be used in a Quiet Book that can teach sewing students basic sewing skills, and children how to button, zip, tie, match, buckle, fasten hooks and eyes and snap.

Susan Haws, Summit County and Debra Proctor, Wasatch County are USU Extension Agents. Combined they have 33 years of experience in 4-H and Extension. They teach 4-H Leaders and FACS teachers during an Annual USU Sewing Conference and summer Sewing Camps.



This class has a fee of \$15.00

Clothing and Textiles 1 Standards and Curriculum Update

Come and find out about the updates that have been made to the Clothing 1 Standards and Curriculum. Resources and strategies for teaching Clothing and Textiles 1 will be shared and disseminated!

Dr. Lindsey Shirley, Assistant Professor FACS teacher educator / Extension Clothing Specialist at USU. Jerilyn Brown, American Leadership Academy; Susanne Gillett, Orem HS; Robin Lewis, Copperhill's HS; Genet Orme, Timpview HS; Heather Smith, Orin JHS. Members of the Clothing I/II Curriculum team.

Clothing and Textiles 2 Standards and Curriculum Update

Come and find out about the updates that have been made to the Clothing 2 Standards and Curriculum. Resources and strategies for teaching Clothing and Textiles 2 will be shared and disseminated!

Dr. Lindsey Shirley, Assistant Professor FACS teacher educator / Extension Clothing Specialist at USU. Jerilyn Brown, American Leadership Academy; Susanne Gillett, Orem HS; Robin Lewis, Copperhills HS; Genet Orme, Timpview HS; Heather Smith, Orin JHS. Members of the Clothing I/II Curriculum team.

Creative Eye Catchers

Create and sew your class samples from pre-assembled sewing kits. Sewing projects are affordable, teach state standards, table top in size, work well with large classes, and are liked by students. This class will be taught twice. We will make 3 different projects each time. **Bring scissors, pins, and seam gauge.**

Susan Cox, Box Elder Middle School, 25 years / Nancy Haynes, Fabric interiors-home business.

This class has a fee of \$6.00

Flat/Curling Iron Bag

Flat/Curling Iron Bag - Have you ever left your motel room carrying your HOT curling iron? You don't have to do that anymore. Put it away in a heat proof bag made from decorative fabric. Bring your sewing supplies. It will be a fun activity for you and your students.

Margie Dobson, Spanish Fork Jr. High, 17 years. **Barbara Larsen** Weber High School and after 2 years went Provo High for 8 years and now teaches in the Nebo School District.



This class has a fee of \$4.00

I Love Flowers

Paper piecing a flower wall pillow.

Kerrie Crandall, is a FACS teacher at Springville High. **Nichole Neves**, is a FACS teacher at Maple Mountain. This is a great mother / daughter FACS teacher team and both teach at the Wagon Quilt Shop.

This class has a fee of \$25.00

I Never Felt This Way Before! (Fun with Felting)

This workshop will be a hands-on work shop that provides step-by-step instructions on how to make knit or crochet yarn flowers for felting. Other applications will also be discussed. Lesson plan strategies will be provided. Specifically for use in Clothing I Standard 3.

Dr. Chris Moore, FACS teacher educator professor at BYU.

Taylor Lermmon, is a student at the Paul Mitchell Esthetics School. She will graduate in May. She is the mother of 3 children and the daughter of Chris Moore.



This class has a fee of \$12.00

Organization Ideas and Tips for Beginning Sewing Teachers

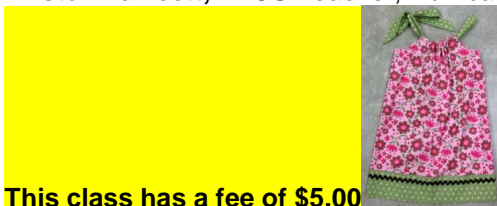
Ideas to make running a sewing lab easier; maintaining your room, the equipment and your sanity. Ideas include: using a metal etcher, and air compressor, a label maker, surgical scissors, serger, and machine tips, discipline ideas, and more. These ideas will work with CTE, FACS Exploration, and Sewing 1 and 2.

Lora Thompson, 25 years or teaching FACS. Currently at Centennial Middle School in Provo. Serving on the UATFACS Board as Historian.

The Pillowcase Dress and Fun Variations

Demonstrator will show variations of the Pillowcase dress, show how to calculate fabric requirements for different styles and ladies will have time to create a simple (child size) pillow case dress example.

Kristen Fawcett, FACS Teacher, Hurricane Intermediate in Washington School District



This class has a fee of \$5.00

Quick Sketching of Fashion Figures

How to sketch fashion figures using croquis. Incorporate student's creativity while learning the principles and elements of design. Students love to put their fashion ideas on paper. Give them the skills to be successful when sketching fashion figures.

Emily Housley, FACS teacher at Jordan High School for 8 years. I am a busy mother of two beautiful girls. I love all things creative.

Rethink and Redesign: 101 Classroom Ideas for Re-purposing Clothing & Textiles Products

Come and find out 101 ways to recycle your clothing and textile-related items. This workshop will showcase examples of creative strategies to recycle, redesign, repurpose, and reuse old, outdated, or pre-loved textile items. Activities will be presented on how these projects can be used in the secondary Family and Consumer Sciences Classroom!

Dr. Lindsey Shirley, Assistant Professor FACS at USU. As a teacher educator and Clothing and Textiles Extension Specialist she has much to share from her years of experience as a secondary teacher, university professor, and Family and Consumer Sciences enthusiast!

Sandra Bradshaw and Teisha Thompson Both FACS USU graduates. They worked as Clothing and Textiles Extension Interns for the past year developing new materials and resources for learners of all ages.

Snap Happy Bag

This bag is quick, easy, and can be made out of small pieces of fabric. It snaps together by using a metal measuring tape. Participants need to bring: a basic sewing kit, rotary cutter, seam ripper, thread to match fabric choice, two fat quarters or 3 fat eighths of coordinating fabrics. The rest of the supplies will be in a kit.

Mary Baker, Alta High School, taught for 12 years. Served on the UATFACS Board for 4 years. She specializes in quilting techniques, but also loves to teach sewing.

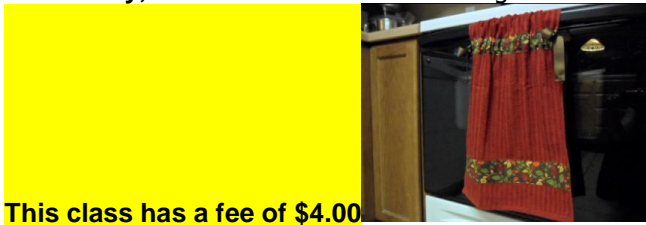


This class has a fee of \$2.00

Stay-put Kitchen Towel

An updated version of the kitchen towels to hang on your oven handle. They are cute, quick and easy, and they make great gifts! Come make one to take home!

Jamie May, is a FACS teacher at South Ogden Junior High



This class has a fee of \$4.00

"Winding Ways" Quilt Blocks and Binding

"Winding Ways" quilt blocks are optical illusions of circles. If you choose to use the techniques learned in this workshop to make a larger quilt, you will be able to create dynamic designs. The kit will include enough material to create a single block.

Renee C. Steele, FACS Educator at Uintah High School. She has taught all levels of sewing & quilting to her students and the projects they complete are both creative and exceptional. **This class has a fee of \$5.00**

FOODS & NUTRITION

2010 Dietary Guidelines – They're Here, What's New, What do we do?

The Dietary Guidelines for Americans is a document released every 5 years by the Department of Health and Human Services in conjunction with the United States Department of Agriculture. Not only does the document serve as the basis for the food guide pyramid and offer suggestions for the general population, the document also represents the latest in nutrition science and guides governmental health policy. For the first time, this new set of recommendations addresses an unhealthy population, highlights the importance of childhood nutrition, and targets eating habits, patterns, and behaviors. This presentation will offer insight into the latest installment of the Guidelines and provide useful tips on how clients, patients, teachers, students, and families can make healthful choices.

Kristi Spence MS, RD, CSSD, CD, Director of Health & Wellness Dairy Council UT/NV, is a registered dietitian and certified specialist in sport dietetics. Kristi blends her passion for food and cooking with her science background as she strives to translate scientific concepts into practical lifestyle applications to improve the health of our community. As the sport dietitian for The Orthopedic Specialty Hospital (TOSH) in Salt Lake City, Kristi developed programs for youth and adults to promote healthy eating and provide sport-specific nutrition education.

2010 Dietary Guidelines and Healthy People 2020

The workshop will provide highlights, teaching resources and applications about the 2010 Dietary Guidelines and Healthy People 2020.

Dr. Siew Sun Wong, is an Assistant Professor at Utah State University Department of Nutrition, Dietetics, and Food Sciences. She also serves as an Extension State Nutrition Specialist and the State Director for Utah EFNEP (The Expanded Food and Nutrition Education Program). Her specialty areas are community nutrition education, education games development, and research methods in human nutrition.

Active Bones and Calcium Program - Revised FCS Curriculum for Youth Ages 8-18

This is an updated osteoporosis prevention Extension youth program that meets National and Utah state FCS standards. Teachers will be trained to teach all four lessons, integrate education games, and use evaluation tools to assess student's knowledge, diet, physical activity and behaviors.

Dr. Siew Sun Wong, is an Assistant Professor at Utah State University Department of Nutrition, Dietetics, and Food Sciences. She also serves as an Extension State Nutrition Specialist and the State Director for Utah EFNEP (The Expanded Food and Nutrition Education Program). Her specialty areas are community nutrition education, education games development, and research methods in human nutrition.

Artisan Breads in 5 Minutes a Day

Using a simple recipe, the participant will make fresh artisan breads and see how easy it is to do on a daily basis. This recipe would be easy to incorporate in a foods lab.

Pam Rock, has taught 20years at Lakeridge Junior High. She thoroughly enjoys teaching, being with her students and what she teaches. **Class fee of \$1.00**

Become a Knife Enthusiast

Improve basic knife skills to increase confidence and save time in the kitchen. Learn the key points of selecting, handling, sharpening and using knives to create the desired cuts. This will be a hands on class. Come prepared to sharpen your skills. **Bring a chef knife, paring knife, and apron for this class!**

Janet Smith, taught for 15 years specializing in Culinary Arts/Sewing and currently USU Extension Agent in Uintah County. **Karen Allen**, USU FCS Extension Food Science Specialist. **Class Fee of \$2.50**

Energy Drinks . . . Really?

Energy drinks have hit the market running strong. They have promised a never ending supply of energy. One can work all day and play all night. Could this be the "Fountain of Youth" we have longed to find? Come examine the contents, health benefits and advertising campaigns and decide for yourself.

Janet Smith, taught for 15 years specializing in Culinary Arts/Sewing and currently USU Extension Agent in Uintah County.

Focusing on Fiber in Your Food Labs

Did you know that many Americans get only 1/3 of the fiber that is recommended daily by the American Cancer Society? In this class participants will be provided with a lesson plan on fiber and will prepare a variety of simple and delicious high fiber recipes including breakfast, main dish, side dish, and muffins.

Nancy Schwartzman teaches Foods classes at Willowcreek Middle School that focus on making good nutrition simple for teens. Focusing on fiber is one of the tools that she uses in successfully maintaining a weight loss of 120 pounds. **This class has a fee of \$7.00**

Fondue FUNdamentals

Ready to use that fondue pot that's been tucked away for years? We'll teach you how and let you sample some recipes to take home.

Jamie May, FACS teacher at South Ogden Jr. High; **Kelly Johnson**, is my awesomely talented mom. We fondue together as a family. **Class fee of \$2.00**

Having Fun with Foods and Nutrition 1 for the 9th grader

Tips on making learning fun for the junior high brain; learn the measuring song, do the fat dance, be a sumo wrestler all while teaching the curriculum concepts.

Sue Reber, enjoys finding ways to make the learning fun for her Foods students at Oak Canyon Jr. High

Iron Chef Competition

Interested in implementing your own "Iron Chef Competition"? Come discover fun ways to run this fun Foods presentation and help students understand the importance of eye appeal and plating.

Rachel Jorgensen, 3 years the TA for BYU foods labs and instructed beginning foods courses for 2 semesters. FACS teacher at Timberline Middle School teaching Foods 1, FACS Exploration, and CTE Intro.

King Arthur Flour Life Skills Bread Baking Program

Life Skills Bread Baking Program is a presentation which is available to grades 4-7. This 50 minute demonstration teaches how to make bread incorporating educational concepts in math, science etc. Basic bread making presentation and also information about the availability of this program to schools.

Pam Jensen, is the King Arthur Flour Life Skills Instructor for the West Coast. She is also a regular substitute teacher for Pleasant Grove Junior High. Utah licensed FACS teacher.

Making & Selling Cupcake Bouquets

In this fun, hands-on class participants will learn several different ways to make cupcake bouquets. Cupcake bouquets are one of the hottest new trends. Learn how you can make and sell them too.

Darlene Christensen, USU Extension Associate Professor, Tooele County
Carolyn Washburn, USU Extension Associate Professor, Washington County. **Class fee of \$12.00**

Marvelous Meals in Minutes - with your Health in Mind - Presented with Attitude

What do you do when you've had a long hard day at work and you don't want to spend a lot of effort preparing a meal for you and/or your family. We talk strategies that work with your health in mind and we present it to you so you'll understand it, love it, and you'll be entertained.

Mike Austin, Chef that has been the Retail Foodservices Manager for 21 years at Utah Valley Regional Medical Center. **Robert Anderson**, Catering Supervisor for Utah Valley Regional Medical for the past 18 years.

Organization in Food and Nutrition 1 and 2

I will show how I have organized assignments into Unit Packets, how I use a binder to help with student organization and grading, and how I present my disclosure document, etc.

Candance Wilson, Westlake High School has taught food and nutrition classes for 10 years.
Shantel Peaden, Westlake High School FACS teacher.

Plant-Based Nutrition

How to pack your diet with nutrient dense foods. Get the most nutrition from your daily diet. We will not only be making these recipes and sampling them, but I will be teaching about nutritional healing, the chemistry of acid/alkaline balance, compromised food, how to stock your healthy kitchen, organic vs. non-organic and adding more green foods

Debbie Walton, The Health Seekers Kitchen <http://thehealthseekerskitchen.blogspot.com>, Debra has studied Health & Nutrition for over 30 years. She does Independent Counseling, is a food editor, creates recipes, lectures & teaches both nutrition and cooking classes. She is the creator of "The Health Seeker's Kitchen". Her recipes show how easy and exciting these foods can be.

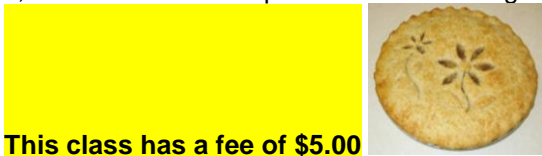


This class has a fee of \$1.00

Pie in the Sky

This course will provide curriculum, recipes and hands-on application for "Pastry and Pies" in the Foods and Nutrition 2" Guidelines (Standard 7 -- Objectives 5, 6, and 7).

Ann Hardman, FACS teacher for 14 years -- 9 of them as a foods teacher. She co-wrote the curriculum for SFL 110, "Food Preparation in the Home" for BYU, and teaches the evening sections there. During the day she teaches, and is the FACS department chair at Brighton High School.



This class has a fee of \$5.00

Powerful Popcorn: Nutritious and Delicious

Popcorn is an inexpensive, tasty snack whose nutritional qualities are often overlooked. This class will discuss the nutritional benefits of the whole grain popcorn. Participants will prepare multiple simple popcorn recipes to sample; recipes included.

Melanie Jewkes, USU Extension FACS/4-H assistant professor in Salt Lake County, supervising the Food Sense Nutrition Program, food preservation and family well being. **Amanda Horrocks**, USU Extension FACS/4-H assistant professor for Morgan County. **Class has a fee of \$1.00 – Recipes and sampling**

Sport Nutrition – An Update

While good nutrition is good nutrition, athletes present a unique population. Additional energy expenditure coupled with sport performance goals means that food choices, meal planning, meal timing, and recovery become crucial. For athletic success, nutrition must be a key training component. This presentation will review the differences between general nutrition and sport nutrition, discuss the fundamental functions and recommendations of each macronutrient, and offer practical field-based advice based on the latest scientific research. Participants will leave equipped with an understanding of sport nutrition basics and tips for supporting the student-athletes in their lives.

Kristi Spence MS, RD, CSSD, CD, Director of Health & Wellness Dairy Council UT/NV, is a registered dietitian and certified specialist in sport dietetics. Kristi blends her passion for food and cooking with her science background as she strives to translate scientific concepts into practical lifestyle applications to improve the health of our community. As the sport dietitian for The Orthopedic Specialty Hospital (TOSH) in Salt Lake City, Kristi developed programs for youth and adults to promote healthy eating and provide sport-specific nutrition education.

The Magical Bean

A presentation of the nutritional facts of beans and legumes and a demonstration /hands on with using the varied ways of cooking with beans and legumes. We will cover the how-to's, cooking with pureed beans and ground beans from meals to desserts.

Nickell Jones, Taught at West Jordan High in Utah and Sand Creek and Vista Ridge High in Colorado Springs. **Tamara Marcroft**, FACS teacher at Vista Heights Junior High School. Owned own business "Personal Chef" and former ProStart teacher. **This class has a fee of \$5.00**

The "New" ProStart

We're in the middle of the two new ProStart books. We'll go over things that worked in year one and a few suggestions for getting started in year two of the new third edition of the ProStart textbook.

Becky Cox, ProStart teacher, Lone Peak High School; **Joy Poulson**, ProStart teacher, Northridge High School.

Utah's Own

Why should I buy local? Buy Utah!! You will wonder why you have not bought Utah products before!

Seth Winterton, Seth has worked in State government since 1987 working with meat inspection, agriculture investigations and enforcement, and was the Organic Program Coordinator from 2000 to 2008. He is the current Deputy Director of Marketing at the Utah Department of Agriculture and Food.

Weigh Healthy? I can! (WHI-Can) - Revised FCS Curriculum for Youth Ages 8-18

This is an updated obesity prevention Extension youth program that meets National and Utah state FCS standards. Teachers will be trained to teach all four lessons, integrate education games, and use evaluation tools to assess student's knowledge, diet, physical activity and behaviors.

Dr. Siew Sun Wong, Assistant Professor at USU Department of Nutrition, Dietetics, and Food Sciences. She also serves as an Extension State Nutrition Specialist and the State Director for Utah EFNEP (The Expanded Food and Nutrition Education Program). Her specialty areas are community nutrition education, education games development, and research methods in human nutrition.

What Worked in Food and Nutrition II

Eight new ideas for the new Foods II curriculum

Laycee Johnson, FACS teacher Desert Hills High School, taught for 13 years

Whole Food Nutrition with Food Sampling

Understanding the benefits of a whole foods lifestyle for creating health and weight release with tasty food. Food demonstration with smoothies, granola and salad.

Joline Wondergem, Certified whole food nutrition educator, certified raw chef, cooking class instructor, www.healthylivingwithjoline.com **Class has a fee of \$5.00**

EARLY CHILDHOOD EDUCATION & CHILD DEVELOPMENT

40 Week Pregnancy Book

Learn how to do a fun creative pregnancy book for your child development class. Your students can have a reference book on the latest and greatest information on pregnancy. The students create a week by week pregnancy book. It has been a class favorite and differently a project every student keeps!

Stephanie Nelson, FACS teacher at a private school for troubled youth. I have 6 preps which keeps me busy! I have taught for five years and being in the classroom is still my favorite place to be. **Class fee of \$20.00**

Dip into DAP with a SPLASH by putting the fun in fundamentals!

Teaching ideas for developmentally appropriate practices that will prepare your preschool students for kindergarten.

Denise Lindberg, is a graduate from BYU's Early Childhood Education program. She has taught Kindergarten for the past 7 years at Pony Express Elementary in Alpine School District. She loves children, teaching, writing, traveling and her 3 nieces.

Early Childhood Education (ECE) Collaboration Session

This will be an opportunity to meet with other ECE teachers and share ideas. Your willingness to bring fun and informative activities from your classroom will make this class successful. Please bring item to show or 30 copies of your handout to share. We are all better teachers when we are willing to share projects that work!

Camille Hicks and other ECE teachers, FACS teacher, Riverton High School. She teaches Child Development, Early Childhood Education and director of the Silver Pups Preschool and Child Care Labs.

Hot Pad First Aid Kits

Make and take for a First aid kit in a hot pad. Show different kids of first aid kits. Make a first aid kit in a hot pad. Teacher will sew bags in the hot pads and collect the items to be placed in them.

Camille Hicks, FACS teacher, Riverton High School. She teaches Child Development, Early Childhood Education and director of the Silver Pups Preschool and Child Care Labs. **Class fee of \$8.00**

Infant Centers

Come see a fun and creative way to teach students how to care for an infant by being involved in infant centers. You will get hands on experience that day.

Christine Holt, taught at Lehi High for 5 years. Last year I got to help open Westlake High School and loved the experience that I was involved in. Being able to focus more on the subjects I truly enjoy in FACS.

Class fee \$5.00 for curriculum CD

Preschool Pioneer Library – resources for literacy, numeracy, health and hygiene for pre-k

Explore a deep collection of materials ranging from professional research on early childhood, to activity calendars, movies and educational games for the kids. All of these education-focused materials are age-appropriate for pre-k and FREE for Utah educators, their students and parents.

Lisa Cohne, Community Partnerships manager for UEN. Her most recent projects include expanding the successful, education-focused Cheese Science partnership that brings together UEN-TV, Utah higher education and several related businesses. The ongoing Preschool Pioneer project has allowed her to gain a greater understanding of early childhood education issues and develop key relationships throughout Utah's early childhood professional community.

Prevention of the Fetal Alcohol Spectrum Disorder

Fetal Alcohol Spectrum Disorder is completely preventable. It is the #1 cause of mental retardation in the United States today. Learn the facts, understand the cause, and receive materials to teach in your classroom that can prevent this syndrome in children. Over 55% of women are drinking when they become pregnant. One newborn in every 100 births will have disabilities from alcohol consumed during the pregnancy.

Carolyn Washburn, USU Extension Associate Professor, Washington County. Carolyn has been involved in public education for over 25 years and with USU Extension for 11 years.

Top Ten Things Every Child Needs for the Best Start in Life

Come learn how to use the new birth to three guidelines handbook from the Utah office of child care. You will receive a free copy of the handbook and a CD.

JoEllen Robbins, Infant/toddler program specialist with the Utah Office of Child Care.

What's Love Got To Do With It?

Books can enhance curriculum and start students firmly on a path to lifelong learning. Two classes will be taught by Anita Charles. One will focus on great books for child development and early childhood education curriculum.

Anita Charles, is a former elementary school librarian and is now the BYU bookstore buyer.

INTERIOR DESIGN/HOUSING

What's New in Interior Design: Current Trends, Colors, Patterns, and Products

Learn what is happening and ways to stay informed of current trends and new products in interior design.

Diane Kinatader, Interior Designer with Kinatader Inc, Provo, UT and Adjunct Faculty teaching Interior Design for 30 years at Utah Valley University and Brigham Young University.

Furniture Arrangement, a Critical Step in Assessing Efficient Floor Plans

How to take a floor plan from the internet, magazine or brochure to 1/4" = 1.0" scale and then teach the two dimension art of furniture arrangement in order to assess and create livable furniture arrangements.

Diane Kinateder, Interior Designer with Kinateder Inc, Provo, UT and Adjunct Faculty teaching Interior Design for 30 years at Utah Valley University and Brigham Young University.

Interior Design: Current Trend Activities and Projects

Presenting professional designers ideas and suggestions to create interior design class projects and activities that translate to the "real world" of design.

Cheryl Moyle, Taught Advanced Design and Interior Design 27 years; Taught Advanced Design and Interior Design as a concurrent offering 17 years.

Interior Design: The Best of State

Need help teaching Interior Design? Come get the best ideas from teachers all over the state of Utah!

Maria Jones, otherwise known as "Mama J" to her students, has taught at Alta High School for 3 years. She is now pursuing a master's degree from UVU. Maria is also the FCCLA advisor at her school.

Interior Design I: Scope & Portfolio Assignments

Come and find out when to teach what and what assignments you can do for the standards and objectives. Bring your ideas to share also.

Daphne Stockdale, taught for 13 years at Bear Lake High, Riverton High and Carbon High.

Katie Borgmeier, taught for 7 years at Riverton High School.

Fashion Design & Interior Design in the "Big Apple"

Help build your Fashion Design & Interior Design programs by taking your students to NYC. Find out about all the fun & facts of an amazing field trip.

Genet Orme, Timpview High; **Laurie Hansen**, Salem Hills High; **Kathryn Crandall**, Maple Mountain High

Projects that Teach Interior Design

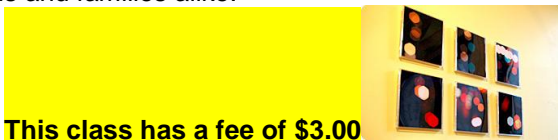
Ideas useful to create projects students can do in class while learning the concepts taught in Interior Design 1/11. One example = Upholstered footstool; staining vs painting, wood joints and textiles. Other ideas/projects will be shared. All projects help towards studying for Skill Certification tests. Take away lessons, scope and sequence and project ideas. Come and share your projects with us!

Brenda Rhodes, FACS teacher, West High School, for 19 years. Currently teaching Concurrent Interior Design and Adult Roles Financial Literacy. Have emphasis in clothing construction and love running own sewing business outside of teaching hours. Enjoy using fabrics and texture in interior design projects and curriculum.

Repurpose in Action - CD Cases to Picture Frames

In this hands-on class we'll take a jewel CD case and convert it into wall decor. Each participant will come away with a set of 4 framed pictures to take back to their home, office, or classroom. Participants will need to bring with them four 5x7 prints to use in the project. All other supplies will be provided. Other repurposing projects will be showcased to show how simple it is to give something new life and functionality just by adding in a small dose of creativity.

Rebecca Mills, FACS/4-H USU Extension Agent, Sevier County in Richfield, Utah. The overarching theme for the programs in Sevier County is "Back to Basics" and recycling. She is interested in creating awareness, providing educational opportunities, and showcasing the many ways that helping the environment can be fun for individuals and families alike.



This class has a fee of \$3.00

ARR/ARFL/MARRIAGE/HUMAN DEVELOPMENT/TEEN LIVING

Activities for Teen Living

Activities are a way to teach concepts enjoyably. I will present activities that have been enjoyable in my Teen Living class and share ideas that have worked.

Sue Reber has taught Teen Living for 12 years. She enjoys making Teen Living a class to enjoy as well as a class to learn great life skills.

Dating Violence and Basic Self-Defense

You will learn basic self-defense for a variety of situations. Class includes facts on violence today, dating violence and rape. Also, utilizes our thoughts and awareness of ourselves and our surroundings.

Samantha De la Vega, has been studying martial arts and self-defense since 2000 and has earned a 2nd degree black belt in American Kenpo Karate. I have taught in a number of environments including full-semester college courses, in homes, high school and middle school classes, as well as church groups.

Developing Effective Classroom Groups – Teen Living

Come try out some activities that you can use in class to help improve class discussions and encourage students to work more effectively with each other. Geared towards Teen Living, but can be adapted for any class.

Valerie Shaw, Kennedy Junior High, 11 years teaching.

Finding Your Soul Mate

Giving educators resources to help older students with the interpersonal skills essential for successful relationships of all kinds and ultimately, for a successful marriage.

Steve Haverdink, Choosing the Best Publishing, Atlanta, GA

"He Loves me, He Loves Me Not" - Picking the Perfect Partner

When picking a marital partner in life, there are many considerations teens should be thinking about. It's not as easy as picking the petals off a daisy. This class will discuss what questions teens should ask their dating partners before they make the commitment to marry in order to check their compatibility, common values and goals for their future. Participants will experience some fun activities to use in FACS Adult Roles and Life Management classes. Topics such as finances, expectations as to shared and individual responsibilities, extended family relationships and traditions and goals will be covered. Inexpensive resources will be shared.

Marilyn Albertson, USU FCS Extension Associate Professor in Salt Lake County. Teaches finance, housing, home and resource management, family relations with teen and adults.

Melanie Jewkes, USU FCS Extension Assistant Professor in Salt Lake County emphasis in areas of foods and nutrition, food safety, food preservation and family relations education

Healthy Relationships = Respect

Today more than ever, teenagers need opportunities to develop and practice healthy relationship behaviors. Come and learn how to incorporate the 'Healthy Relationship = RESPECT' program in your school. Involve just your class, or the entire student body for a whole month (February works great). Activities include dating and relationship education through 'Tip of the Day', Do's and Don'ts' announcements, essay contests, assemblies, game nights, sweethearts breakfast date, steal your heart day, and more. This is a great way to raise awareness of how students should treat each other and suggests that, teenagers who practice healthy relationship behaviors within a positive and fun environment may be more likely to incorporate them into future relationships. Healthy marriages and healthy families create healthy communities – something we all want.

Margie Memmott, USU FCS/4-H Extension Agent for Juab County and is currently serving as the County Director. She also supervises the Food Sense Nutrition Education Program for Juab. Margie is an active member of the National Extension Association of Family and Consumer Sciences (NEAFCS) and the National Association of Extension 4-H Agents (NAE4-HA). In her spare time she enjoys traveling, music, technology, creative textiles, sports and her family.

Journal/Book Making

Keeping a journal can be fun! Especially when you make your own journal. Come learn how to make a small journal to teach your students the importance of journal writing. I have used this in my Teen Living class.

Margie Dobson. Currently teaching CTE Intro and Teen Living at Spanish Fork Jr. High. She has taught for 17 years in Nebo School District.



Kaleidoscope of Teen Living

Maslow, Erikson, Critical Thinking, Conflict Resolution, Family, Friends, Relationships, Emotions, Self Esteem -- new ideas and activities for Teen Living shared

Suzanne Dent, has been teaching for 24 years and have taught both in high school and junior high. I am currently teaching at North Cache 8/9 Center, teaching Teen Living and FACS Exploration.

STDs in Utah: A Teaching 101

Learn about STD statistics, rates, disease information, and how to best present prevention messages to students.

Erin Hellstrom, works in STD Prevention at the Utah Department of Health. Erin is a Certified Health Education Specialist (CHES) and trained HIV counselor.

Teen Living and Picture Books

Picture books are great for all ages. Come join with me and discuss some great picture books to help teach the concepts taught in Teen Living.

Natalie Wilson, Mother of seven currently teaching Foods, Clothing and Teen Living at TH Bell Junior High in Weber school district.

The Brain: The "Heart" of the "Matter"

In the area of the human heart, scientists tell us, at least three independent but interrelated brain systems engage in an emotional dance of feelings that have far reaching consequences, showering cascades of hormones that regulate biological systems from our heart to our immune cells. Helping teens untangle their "love life" can improve their overall health. Understanding the development of the teen brain is the foundation for understanding adolescent emotional responses, decision-making, and self-regulation. Participants will engage in "Mapping the Brain" leading teens to develop knowledge and skills that promote optimum "heart" health in relationships central to life. This class will offer various approaches your FCCLA chapter can incorporate in peer education projects to help "keep teen's hearts safe".

Nancy Lenk, has 28 years of experience teaching Family and Consumer Sciences in Missouri. Her classes focused on helping young teens and parents develop Skills for Life in Child Development, Parenting, Marriage and Family, Health, and FCCLA Leadership. She was an active FCCLA advisor for 23 years, advising the largest chapter in the nation for 2 years. Nancy joined The Dibble Institute as an Outreach Educator in 2009.

FINANCIAL MANAGEMENT

Create a Fun and Exciting Entrepreneurship Program Incorporating Recycled Materials

This fun and exciting class offers a new dimension to recycling! Do your part to preserve the environment while creating fun and unique projects with recycled security envelopes. These one of a kind items can be used to enhance your entrepreneurship program or start a small business. Projects will include items such as: handmade beads, cards and tags. Participants will have the opportunity to make a bracelet and will receive instructions for all other projects.

Joanne Roueche, Utah State University FACS Agent for Davis County.

Christine Jensen, Utah State University FACS Agent for Emery County. **Class fee of \$5.00**

Fefe, Financial Literacy Semester Course for High School

Financial literacy class for high school. 14 units organized and ready to go. CD will be provided with all the information you need for lessons, activities, answer keys, worksheets, games, tests, etc.

Valerie Grimes, FACS teacher, currently teaching Adult Roles and Financial Literacy at Lehi High school. Has taught for 20 years. **Class fee of \$3.00**



Introducing “Bill” – the new mascot for Financial Literacy!!

Come meet “Bill” and get the all the new information and updates about Utah high school financial literacy. If you teach financial literacy, you need to attend this session!

Julie Felshaw, Economics/Financial Education Specialist for the Utah State Office of Education, the Executive Director of the Utah Council on Economic Education, and the state coordinator for the Stock Market Game. She works with the business community and K-12 administrators and teachers to impact the economic and financial literacy of Utah students.

Math in CTE - FACS

We will present ideas of incorporating math in classes such as Clothing and Food & Nutrition. We have worked last summer to plan out several lessons to integrate math.

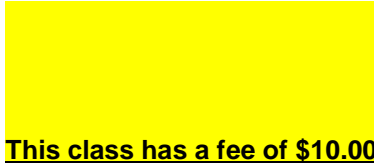
Holly Blackner and Carol Spor, attended the Math in CTE conferences last June, October, & April. Holly teaches FACS at Beaver High School and Carol teaches at Snow Canyon High School.

Money Habitudes for Teens

Is the money the problem? No! It's actually the money habitudes! Discovering our habits and attitudes about money is the important first step in helping teens becoming successful money managers. Identifying habitudes at an early age can help them discover what's behind the way they save, spend and give. This class will teach participants how to use Teen Money Habitude cards in the classroom. Each participant will use the cards, become familiar with the habitudes, and learn how to adapt lessons to include this fun, hands on resource. Each participant will receive a deck of cards.

Amanda Horrocks, USU FACS/4-H Extension Assistant Professor for Morgan County.

Melanie Jewkes, USU FACS/4-H Extension Assistant Professor for Salt Lake County.



This class has a fee of \$10.00



Plan Ahead for Retirement

The features and benefits of the URS Pension and Retirement Savings Plans (401k, 457, IRAs) will be reviewed, along with any legislative changes for 2011. We will address the specifics on when you qualify to retire, how your pension is calculated, and the payout options you have. We will also discuss basic investing principles for your savings plans, and how to manage them before and after retirement.

Matt Brady, has worked for Utah Retirement Systems for four years. As a member of the Education and Marketing Team, he specializes in counseling public employees on how to best utilize their URS benefits and prepare for retirement. He also presents financial strategies at personal planning and pre-retirement seminars for public employees of Utah, and provides training at meetings for Utah Public Employers on how to administer URS benefits.

Teaching Teens What They Don't Know About Their Financial Selves

Are you struggling to help your students get the big picture about money? Teach your teens where their money attitudes come from and how to take responsibility for their financial futures. Walk away from this workshop with a complete lesson plan, PowerPoint presentation, and activities that meet financial literacy requirements for Standard 1, as well as other resources and helps for the entire financial literacy program. You may even learn a little something about your own financial self.

Ann House, USU Extension assistant professor. She has been an educator and public policy advocate for 16 years. She has managed project grants associated with public education of adults and youth in the areas of

personal financial management and micro-economics. She is the coordinator of the Utah Saves campaign that she helped found in 2004.

Megan Rowley, Finance Program Assistant with USU Extension, and contributes mainly to Finance in the Classroom.

Using Tax Strategies to Save

Come learn from a tax professional (and husband of a FACS teacher) how to use tax strategies to your advantage, also helpful for Adult Roles and Financial Literacy teachers.

David Merrill, Teacher and preparer at H & R Block for 20 years. M.Acc. in tax accounting from BYU. Enrolled Agent with the IRS.

CTE INTRO/FACS EXPLORATION

2 cups of Literacy, please!

Tired of being told your class should be "easy" because all you do is cook? What could possibly be challenging about that? In this class, learn some quick and easy, yet challenging ways to include literacy skills in your FACS classroom!

Amy Roberds, teacher at Riverview Junior High in Murray District for 14 years.

FACS EXPLORATION - MODEL A (Clothing, Textiles, Interior Design)

Come for the great new updates and ideas for teaching FACS Exploration model A. 8 new lesson plans will be shared with best practices.

Members of the FACS Exploration Curriculum Team - Pam Rock , Laura Schiers, Vikki Masters , Natalie Hancock, Tricia Powell Green, Megan Wakefield, Lenora Reid

FACS EXPLORATION – MODEL B (Foods, Child Care, Interpersonal Relationships)

Come for great new updates and ideas for teaching FACS Exploration - model B including Foods, Early Childhood Education, Interpersonal relationships, and Free Enterprise. Best practices and lesson plans will be shared.

Members of the FACS Exploration Curriculum Team - Pam Rock , Laura Schiers, Vikki Masters , Natalie Hancock, Tricia Powell Green, Megan Wakefield, Lenora Reid

FACS EXPLORATION - All in One

Come for the great new updates and ideas for teaching FACS Exploration model A. 8 new lesson plans will be shared with best practices.

Members of the FACS Exploration Curriculum Team - Pam Rock , Laura Schiers, Vikki Masters , Natalie Hancock, Tricia Powell Green, Megan Wakefield, Lenora Reid

FCCLA

Chapter Service & Chapter Showcase In Action

How to incorporate chapter service into FACS classes and chapter showcase into your FCCLA chapter's program of work.

Daphne Stockdale, FACS teacher/FCCLA Advisor Carbon High. FACS teacher in Idaho, Riverton High and has been teaching and doing FCCLA for 13 years.

Candace Wilson, FACS teacher/FCCLA Advisor Westlake High School. She has taught at Dixie High and has been teaching and doing FCCLA for 10 years. National FCCLA Officer Candidate Advisor.

FCCLA – Programs to use with Financial Literacy

Sherry Heap, FACS teacher/FCCLA advisor at Payson High School for 35 years. Currently serves as Area 4 representative on the FCCLA State Advisory Board.

FCCLA Chapter Officer Leadership, Member Recruitment

Nikki Sue Larkin, Utah FCCLA State Advisor, taught FACS for 6 years at Jordan High School, chairperson of the Adult Roles and Responsibilities and Adult Roles and Financial Literacy updated curriculum, former FCCLA Chapter and State Officer Advisor

FCCLA Culinary Arts STAR Events

Going and getting excited about the Culinary Arts Star Events.

Diane Cluff, FACS teacher/FCCLA Advisor, Provo High School. State and National Officer Advisor.

FCCLA in a Nut Shell - This session recommended for junior high teachers, new FACS teachers and pre-service teachers who would like to see how FCCLA would work for their programs.

Does FCCLA drive you nuts? Let's take a look at what FCCLA is and how it works. We will review how to complete affiliation, what are National Programs, how to sign up for STAR Events, and where to find information.

Charleen Crawford, Teacher at Box Elder High for 41 years. State FCCLA Administrative Advisor 3 years.

FCCLA in the Early Childhood Education Class

Using the Early Childhood Star Event in the Early Childhood Education classroom and lab.

Karma Bateman, Child Development, ECE FACS teacher/FCCLA Advisor at Jordan High School

Camille Hicks, Child Development, ECE FACS Teacher/FCCLA Advisor, Riverton High School

Lisa Johnston, Child Development, ECE FACS teacher/FCCLA Advisor, Northridge High School

FCCLA National Programs in the Classroom

You will learn how to incorporate National Programs into the classroom, insights into how to write a winning national program application, and insights on how to have a winning National Program in Action STAR event.

Susan Smith, FCCLA Advisor and State Officer Advisor; State FCCLA Advisory Board President; UATFACS President; FCCLA National Programs in Action Lead Consultant at Nationals; ProStart Teacher at Tooele Community Learning Center.

FCCLA "New Advisor" Training - This session recommended for junior high teachers, new FACS teachers and pre-service teachers who would like to see how FCCLA would work for their programs.

This workshop will introduce new advisors (and those who would like a refresher) to FCCLA and give some great tips and tricks for getting your chapter up and running!

Jason Skidmore, taught Child Development and was an FCCLA advisor at Alta High School for 6 years. He currently is assigned as Principal of the Jordan Applied Technology Center.

Ashlee Christiansen, State FCCLA State Officer Assistant, FACS teacher Pine View High.

Incorporating "Families First" into the Classroom and Related STAR Events

See ways to incorporate FCCLA National Program "Families First" into classroom assignments and related STAR Events.

Sandra Edwards, FACS teacher at Milford High, FCCLA advisor. Former State Officer Advisor.

Integrating FCCLA STAR Events into Class Instruction – Illustrated Talk - This session recommended for junior high teachers, new FACS teachers and pre-service teachers who would like to see how FCCLA would work for their programs.

Ideas on how to integrate FCCLA STAR Events into FACS classes .

Deanna Mecham, FACS teacher Grand County High School, FCCLA Advisor

Auralee Brooks, FACS teacher, North Sanpete High School in Mt. Pleasant for 8 years. She loves her job and is working to improve the FCCLA program at the high school.

Interior Design FCCLA STAR Event as a Great Class Project

Integrating the Interior Design FCCLA STAR Event into Interior Design and Advanced Interior Design Class Projects

Cheryl Moyle, Taught Advanced Design and Interior Design 27 years; Taught Advanced Design and Interior Design as a concurrent offering 17 years. Olympus High School, Granite School District.

Recycle and Redesign/Fashion Design STAR events in the Classroom

Genete Orme, FACS teacher/FCCLA Advisor at Timpview High School.

STAR What? Incorporating the Applied Technology STAR event into the classroom

This class will discuss assignment ideas for the Applied Technology STAR Event, how to apply it in any class, what works, what doesn't, and how to actually get your students to compete.

Kristen Kohler, FACS teacher/FCCLA Advisor at Roy High School, Weber School District

FACS TEACHING TECHNIQUES/CLASSROOM MANAGEMENT

Activities That Teach Life Skills

Active learning is a hands-on teaching strategy that allows students to be involved in their own learning process. Participants will experience fun, user-friendly activities that can be used in the classroom. These activities can be used as part of an educational model to teach critical skills such as communication, goal setting, decision making, stress management, peer pressure, substance abuse information, etc. This is an interactive workshop.

Tom Jackson – see keynote bio

Adding Multiple Intelligence Theory to Your Classroom Environment

A workshop designed to help teachers identify the different learning styles and intelligences in their students and incorporate teaching strategies to meet the needs of those learning styles.

Jennifer Nielson, MS, from USU in FCSE and Extension. **JoAnn Wilson**, MS, from USU in Interior Design

Brain-Boosting Classroom Experiences

Student retention will be examined through “brain-boosting” experiences in this interactive presentation. Participants will learn innovative ways to combining direct instruction and active learning experiences based on current brain research.

Lois Oestreich and Janet Brohm, Professors of Education at Salt Lake Community College's Department of Education/Family and Human Studies.

Keep Your Head Above Water

Teaching is a profession that one works hard to head your head above the water. Come learn some great strategies to be ahead of the game in your FACS classroom.

Jenefer Rowley, Named one of the “Ten Most Outstanding” teachers in the Granite School District (2010-11). Has taught K-12. **Maxine Lewis Rowley**, Retired from secondary and university teaching, most recently a District-site teacher supervisor of BYU-Idaho.

Motivating the Millennial Learner: There's an App for That!

Motivating the digital native is a challenge for many teachers. Attendees will explore motivation theory and how it applies to youth of today. Tips and strategies will be discussed and shared.

Rea Gubler, Families matter! That is why Rea Gubler teaches Family & Human Development courses at Southern Utah University (SUU). Rea has served SUU for over thirty years in both teaching and administrative capacities. She enjoys working in behalf of children and families and seeks to strengthen families at every level. She and her husband are the parents of three children and six grandchildren. In addition to her career, she enjoys all of the domestic arts, but most of all, spending time with her family.

Shields, Helmets, Steel Toe Boots, and Other Strategies for Handling Misbehavior

Even students' minor misbehavior can at times be overwhelming! This session will focus on practical, research-based strategies for handling a wide range of behavior problems. In addition, teachers will learn how their use of the strategies can become second nature.

Dr. Jackie Jensen is Hazel Wilson Endowed Chair and an Associate Professor of Eastern Kentucky University. Prior to completing her Ph.D. at University of Utah she was a middle and high school teacher.

Strategies for Great Teaching

Enhance engagement, increase understanding, maximize learning, and enjoy teaching! Would you like to do all these things in your classroom? In this workshop we will explore *Strategies for Great Teaching*. This book has been one of the greatest finds of my teaching career. The authors have applied multiple intelligence theory, modalities, and levels of thinking to 30 engaging and easy-to-use teaching strategies that will work in any content area. I will share how these strategies have transformed my own Early Childhood Education classroom. I invite you to obtain *Strategies for Great Teaching* prior to summer conference and bring it with you to enhance your learning of these great teaching strategies (*Strategies for Great Teaching*, by Mark Reardon and Seth Derner, ISBN: 1-56976-178-7)

Holly Weidauer, has been teaching at East High School in the Salt Lake District for the past 10 years. Member of the national PRAXIS test board representing Family and Consumer Sciences.

Strategies for Successfully Including Students with Disabilities in cTE

This workshop will focus on the use of teaching strategies in order to more successfully include students with disabilities in their classroom. The presenters will share with the audience how to adapt materials and curricula to meet the needs of all students.

Monica Giffing, Monica is the Agricultural Science Educator at Springville High School. She runs a very successful FFA program integrating students with disabilities in both the academics and extra-curricular activities.

Natalie A. Williams, Ph.D., professor at Weber State University. As a special educator she focuses on finding ways to include students in the general education classroom using both academic and behavioral strategies. She enjoys working with general education teachers to help make the experiences they have with students with disabilities rewarding.

Story Power

Stories help us connect concepts and facts with feelings. When you present important ideas to your students, they may sincerely agree with their importance. But not many will remember the specifics because to the audience, they are cold, hard, and distant. You have offered them no personal or intimate reason to remember your points. There is no connection! And without a connection, there is no communication. However, wrap those same concepts in a stimulating, emotional story, and not one of your students will forget the story, or the ideas associated with it.

Dan Clark – see keynote address bio

Teacher, Do you have any extra credit? How can I raise my grade?

In this workshop, find an easy way to set up your extra credit for all year! Sixteen different projects, along with all you need to set it up in your room, will be provided.

Amy Roberds, teacher at Riverview Junior High in Murray District for 14 years.

The Amazing Race: How to Survive Your First Years of Teaching

The first year of teaching is a challenge for anyone! We will give some tips to help you survive and WIN the race

Marci Morgan, BYU student teacher supervisor for BYU for 8 years. Marci has won many teacher awards.

Dr. Chris Moore: BYU FACS teacher educator, taught junior high 25 years.

Tools for Teaching: Teaching Strategies to Engage FACS Learners

This workshop will present examples of the latest research-based teaching strategies to engage secondary students in activities that promote critical thinking, problem-solving, and team work. Come and experience the latest teaching strategies through a hands-on workshop!

Lindsey Shirley, PhD is an Assistant Professor in Family and Consumer Sciences Education at Utah State University. As a teacher educator and Clothing and Textiles Extension Specialist she has much to share from her years of experience as a secondary teacher, university professor, and Family and Consumer Sciences enthusiast!

What I Wish I Would Have Known in My First Year of Teaching

Teaching is a rewarding yet demanding profession, and teaching in the first few years of your career can be especially daunting. Come and hear ideas for organization, classroom management, finding resources, promoting

your classes, taking care of yourself, and ways to connect with the students that will help you to endure and enjoy your wonderful role as a teacher.

Holly Weidauer, FACS teacher, East High School in Salt Lake School District for 10 years. Member of the national PRAXIS test board representing Family and Consumer Sciences.

GENERAL

Balanced Living: Managing Time & Stress

This class is for the hard-working, stressed out teacher. Learn effective techniques to balanced living including: time management, stress management, mindful eating, physical activity, and rest. Components of the curriculum can easily be used in a high school classroom setting as well. Plan to go away with a time-management, stress-reduction kit.

Darlene Christensen, FACS/4-H Associate Extension Professor with Utah State University. She is based in Tooele County. **This class has a fee of \$8.00**

Ideas for Promoting CTE/FACS Classes

Ideas gathered from CTE professionals around the state will be shared that help promote our programs. In this day when our programs are being threatened for elimination we need all of the help we can get to promote what we teach and its relevance.

Ann Sorenson, has taught FACS classes for 22 years in Granite School District. She is the mother of 5 children and has the joy of being a grandmother.

It CAN be easy being GREEN

We hear things in the news all the time about how we should "GO GREEN" or "reduce our carbon footprint". But why? What are the benefits or the pros and cons? What happens to the things we recycle or even more basic than that - what can we recycle? This class will showcase the ins and outs of recycling and how we can each make a difference. There will also be a "show and tell" of projects that you can do to repurpose everyday things into fun and functional items for yourself, your classroom, home or office.

Rebecca Mills, FACS/4-H USU Extension Agent, Sevier County in Richfield, Utah. The overarching theme for the programs in Sevier County is "Back to Basics" and recycling. She is interested in creating awareness, providing educational opportunities, and showcasing the many ways that helping the environment can be fun for individuals and families alike.

Running Reports for CTE Skill Testing

Learn how to run CTE testing reports the Precision Exams system. Come with you questions.

Sean Gyll, PhD, is a psychometrician with Precision Exams, the testing vendor for the Utah State Office of Education CTE Skill Certificate Program

What's Love Got To Do With It?

Books can enhance curriculum and start students firmly on a path to lifelong learning. Two classes will be taught by Anita Charles. One will focus on great books for child development and early childhood education curriculum.

Anita Charles, is a former elementary school librarian and is now the BYU bookstore buyer.

TECHNOLOGY FOR THE FACS CLASSROOM

Creating Personal History EBooks

Learn how to create an Ebook that can be used on an Ebook reader like Ipad or Nook.

Carl Lyman, has taught for over 30 years. He taught in the elementary level as well as the Delta Technical Center in business, computer, and IT. He currently is the Information Technology Specialist at the Utah State Office of Education.

Cool Tech Tools – FAST Demo for Technology Gadgets and Web Sites

FAST demo of technology gadgets and web sites with a variety of ideas for bringing these cutting edge tools into your classroom.

Jared Covili, specializes in teaching strategies for classroom integration of technology such as GPS (Global Positioning Systems), web page design, and digital cameras. His background is in secondary education where Jared was a Language Arts teacher at the high school level. Jared received his Bachelors degree in English and his Masters degree in Instructional Design and Educational Technology from the University of Utah. Besides his work at UEN, Jared is also adjunct faculty for the College of Education at the University of Utah, where he teaches technology integration classes to undergraduate students.

Dreaming of a Webpage.... Google sites to the rescue!

Dreaming of a website but even the thought sounds too overwhelming? This class will guide you through setting up your own webpage through Google sites that is completely free. Within the 2 hours, you will have a well designed, functioning website to call you own! If you can use a Word Document, you can have a webpage. Each participant should bring a USB with documents and/or photos they would like to put on their website and have a Gmail account (its free).

Camie Sunderland, graduated from Brigham Young University and currently teaches at Bountiful High School. She is married with 3 children and lives in Woods Cross.

Class Limited to 25 – preregistration required

iPads/iPods for the Classroom? Really?

Are iPads and iPods the solution for 1 to 1 computing? In this session, see a demonstration of how an iPad or iPod Touch can be used to store and share information, improve personal productivity and make web access fast and affordable enough for true instructional integration. Preview some apps for education and get prepared to make your own choice.

Tim Stack, provides the expertise behind the professional development web academy. He trains teachers throughout the state in the areas of technical skills and technical integration and hosts UEN's weekly Faculty Lounge webcast. After more than a few career changes, Tim discovered education. He spent five wonderful years teaching junior high math, mostly working with special populations. He received his Bachelor of Science in marketing and Bachelor of Arts in geography with a math minor, his secondary education certificate, and his M.Ed. in Instructional Design and Educational Technology all from the University of Utah.

Not Your Grandma's Document Camera

Learn how even a \$50 document camera can help you get the most out of the projector and white board in your room. Demonstrate small things so everyone can see and record video of your demonstration at the same time, right into your computer. We'll show you this and other great strategies and activities.

Rob Bentley, specializes in multimedia classes for UEN. He is especially interested in teaching game creation and sharing how multimedia projects can energize a classroom. Previously, Rob has taught language arts and Spanish at the junior high level. His Bachelors degree is in Spanish education, and he also holds a Masters in Instructional Design and Educational Technology from the University of Utah.

Photostory – Make Movies from Still Images

With the free, Windows-only Photostory software you can quickly follow a 6-step wizard to bring in images, edit them, add text titles, transitions, narration and music. Projects are saved out as Windows media files and play like movies on your computer. Get ideas for managing student media projects and also for creating instructional materials with this simple and fun tool.

Jared Covili, specializes in teaching strategies for classroom integration of technology such as GPS (Global Positioning Systems), web page design, and digital cameras. His background is in secondary education where Jared was a Language Arts teacher at the high school level. Jared received his Bachelors degree in English and his Masters degree in Instructional Design and Educational Technology from the University of Utah. Besides his work at UEN, Jared is also adjunct faculty for the College of Education at the University of Utah, where he teaches technology integration classes to undergraduate students.

PowerPoint for More than just Presentations

If you already know a little about PowerPoint, this session will help you expand your horizons – use it for room plans and graphic handouts, tutorials with narration and even a self-running review or introduction students can access through your web page.

Mitchell Jorgensen, is co-instructor for the UEN-USOE Integrating Technology and Curriculum workshop program, as well as teaching the Internet Safety online class for UEN. He is especially interested in using a variety of Internet tools to create blended learning environments. As a middle school science and technology teacher for 10 years, Mitchell also developed expertise in Pioneer library and other media resources. His education includes a Bachelor's degree from BYU in biology and an Instructional Technology Master's degree from USU.

Taming of the Wild Wild Web

This session will look at how the web has created wonderful opportunities for students, teachers, and others to access information on just about any subject. We will also look at the behaviors that have turned the web into something wild including the growth of social networks, friending, the posting of personal information, and cyber-bullying among others. We will talk about what educators can do to tame the web, specifically, how to protect themselves and others from the potential risks when online.

Dr. Rick Cline, currently works for the Utah Education Network as an instructional technologist and has worked there for almost 12 years. For the past five years he has been managing the NetSafe Utah project at UEN. During this time he has presented on Internet safety to students, teachers, and parents state-wide. He received a Masters and Doctorate degree in the field of Instructional Technology at Utah State University.

Technology is Making Financial Education Fun Again

Technology is making financial education fun again. Come see why over 200,000 students at 2,000 public schools are turning to EverFi. The EverFi financial literacy program is a unique and engaging course that uses web technology to teach students the core concepts of financial education. The best part, its free.

Jonathan Cirome, ever since organizing neighborhood Atari games at the age of seven, Jon has been a passionate advocate of using technology for social change. Jon brings to EverFi over thirteen years working in the technology world. He started his career at the United Nations, finding innovative ways to build programs in developing nations. He was on the founding team of VolunteerMatch.org to build the world's largest online volunteer network, and spent over seven years bringing the power of the internet to millions of organizations and volunteers. At EverFi, Jon brings his passion for web technology to engage more students and schools around key educational topics like financial literacy.